

## **Long Term Care Insurance Facts – \*updated February, 2019**

### **Usage of Long-Term Care:**

52%: Percentage of people turning age 65 who will need some type of long-term care services in their lifetimes.

47%: Estimated percentage of men 65 and older who will need long-term care during their lifetimes.

58%: Estimated percentage of women 65 and older who will need long-term care during their lifetimes.

2.5 years: Average number of years women will need long-term care.

1.5 years: Average number of years men will need long-term care.

14%: Percentage of people who will need long-term care for longer than five years.

10%: Percentage of Americans over age 65 who have Alzheimer's dementia.

33%: Percentage of Americans over age 85 who have Alzheimer's dementia.

64%: Percentage of Americans with Alzheimer's dementia who are women.

123%: Percentage increase in the number of people who died from Alzheimer's dementia, 2000-2015.

-11%: Percentage decrease in the number of people who died from heart disease, 2000-2015.

22%: Percentage of individuals over 65 in the highest income quintile who will have a long-term care need of two years or longer.

31%: Percentage of individuals over 65 in the lowest income quintile who will have a long-term care need of two years or longer.

45%: Percentage of people requiring significant long-term care help (assistance with two or more activities of daily living) who are under age 65.

8%: Percentage of people between the ages of 40 and 50 who will have a disability that will require long-term care services.

## **Paying for Care:**

\$30 billion: Long-term care expenditures in the U.S., 2000.

\$225 billion: Long-term care expenditures in the U.S., 2015.

57.5%: Percentage of individuals turning 65 between 2015 and 2019 who will spend less than \$25,000 on long-term care during their lifetimes.

15.2%: Percentage of individuals turning 65 between 2015 and 2019 who will spend more than \$250,000 on long-term care during their lifetimes.

\$341,840: Estimated lifetime cost of care for someone with dementia.

\$18,200: Median annual cost for adult day care (five days/week), 2017.

\$45,000: Median annual cost for assisted-living facility, 2017.

\$85,775: Median annual nursing-home cost, semiprivate room, 2017.

\$97,455: Median annual nursing-home cost, private room, 2017.

\$215,770: Average annual nursing-home cost, private room, Manhattan, 2017.

\$51,100: Average annual nursing-home cost, private room, Monroe, Louisiana, 2017.

\$23,394: Median annual income from all sources for individuals who are 65 or older.

\$39,823: Median annual income for households headed by people 65 or older.

3.8%: Five-year annual inflation rate in nursing-home costs, private room, 2017.

5.5%: One-year annual inflation rate in nursing home costs, private room, 2017.

19%: Percentage of long-term care costs that were paid out of pocket, 2013.

8%: Percentage of long-term care costs that were paid by private insurance, 2013.

\$263,200: Median household wealth for adults age 65 or older with no disabilities.

\$94,200: Median household wealth for adults age 65 or older with limitations on two or more activities of daily living.

### **Caregiving:**

34.2 million: The number of Americans who have provided unpaid care to an adult 50 or over in the past 12 months.

16.1 million: The number of caregivers for someone with Alzheimer's or other dementia.

\$470 billion: The estimated dollar value of long-term care provided by unpaid caregivers, 2013.

65%: The percentage of caregivers who are female.

33%: Approximate percentage of caregivers to people with Alzheimer's/other dementias who are daughters.

25%: Approximate percentage of caregivers who are "sandwich generation" caregivers, providing care to children as well as older adults.

34%: The percentage of caregivers who are age 65 or older.

33%: The percentage of people providing care to people age 65 or older who describe their own health as fair or poor.

83%: Percentage of care provided to older adults that is delivered by friends or family members.

65%: The percentage of older adults with long-term care needs who rely exclusively on friends and family members to provide that assistance.

34.7: Average number of hours worked by unpaid caregivers who have jobs in addition to caregiving.

70%: The percentage of caregivers who suffered work-related difficulties due to their caregiving duties.

36%: The average percentage of caregivers for people age 50 or older who said they were experiencing high levels of financial strain.

10%: The estimated percentage of older adults who have suffered from some form of elder abuse.

7%: The estimated percentage of elder-abuse cases that are reported to authorities.

### **State and Federal Funding:**

51%: Percentage of long-term care services and supports that were provided through Medicaid, 2013.

20%: Percentage of long-term care services and supports that were provided through other public sources, 2013.

62%: Percentage of nursing home residents whose care is provided by Medicaid.

20%: Percentage of Medicaid funding that went to pay long-term care costs in 2016.

50%: Expected increase in Medicaid spending for long-term care between 2016 and 2026.

\$123,600: Maximum amount of assets that a healthy spouse can retain for the other spouse to be eligible for long-term care benefits provided by Medicaid, 2018. (Actual amounts vary by state.)

\$3,090: Maximum amount of monthly income that a healthy spouse can receive for the other spouse to be eligible for long-term care benefits provided by Medicaid, 2018. (Actual amounts vary by state.)

100: Days of care in a skilled nursing facility ("rehab") covered in full or in part by Medicare following a qualifying hospital stay.

### **Long-Term Care Insurance:**

125: Number of insurers offering standalone long-term care policies, 2000.

Fewer than 15: Number of insurers offering standalone long-term care policies, 2014.

380,000: Number of individual long-term care insurance policies sold, 1990.

129,000: Number of individual long-term care insurance policies sold, 2014.

72,736: Number of hybrid life/long-term care policies sold to individuals, 2009.

305,068: Number of hybrid life/long-term care policies sold to individuals, 2013.

4.5 million: Number of individuals with long-term care insurance coverage, 2000.

7.25 million: Number of individuals with long-term care insurance coverage, 2014.

\$1.98 trillion: Maximum potential benefit of all long-term care policies in force today.

\$1.87 billion: Annual claims on long-term care insurance policies, 2000.

\$10.3 billion: Annual claims on long-term care insurance policies, 2018.

303,000 policies: Had claims on long-term care insurance policies, 2018.

\$1,677: Average annual premium, long-term care policies being sold, 2000.

\$2,772: Average annual premium, long-term care policies being sold, 2015.

99%: Percentage of new long-term care policies that cover both nursing home and in-home care.

0.5%: Percentage of all businesses offering long-term care insurance to their employees.

20%: Percentage of businesses with 10 or more employees offering long-term care insurance to their employees.

13.9%: Percentage of applicants ages 50-59 denied long-term care coverage due to health issues.

44.8%: Percentage of applicants ages 70-79 denied long-term care insurance due to health issues.